



# ALLERGEN INFORMATION

DOCUMENT VERSION V4 GENERATED DATE: 29/10/24

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Contents Key: ✓ (Product Contains) M (May Contain) Y (Suitable For)																			
	Wheat	Rye	Barley	Oats	Soya	Nuts	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphites	Mustard	Molluscs	Lupin	Vegan	Vegetarian	Gluten Free
Product Title																			
Medium Traditional Cornish Pasty	✓							M	✓										
Large Traditional Cornish Pasty	✓							M	✓										
Medium Steak & Tribute Ale Pasty	✓		✓					✓	M										
Large Spicy Chilli Beef Pasty	✓							✓	M										
Medium Cheese & Onion Pasty	✓							✓	M					M				Y	
Large Cheese & Onion Pasty	✓							✓	✓					✓				Y	
Vegan Steakless Pasty	✓																Y	Y	
Large Steak & Tribute Ale Pasty	✓		✓					✓	M										
Extra Large Traditional Cornish Pasty	✓							✓											
Chicken, Bacon & Leek Pasty	✓							✓	M										
Lamb & Mint Pasty	✓							✓											
Extra Large Cheese & Onion Pasty	✓							✓										Y	
Three Cheese & Cranberry Pasty	✓							✓	✓				✓						



# NUTRITIONAL INFORMATION

DOCUMENT VERSION V5 GENERATED DATE: 29/10/24

Product Title	Per 100g									Per Serving								
	Energy (Kcal)	Energy (kJ)	Fat (g)	Saturates (g)	Available Carbohydrates (g)	Sugars (g)	Fibres (g)	Protein (g)	Salt (g)	Energy (Kcal)	Energy (kJ)	Fat (g)	Saturates (g)	Available Carbohydrates (g)	Sugars (g)	Fibres (g)	Protein (g)	Salt (g)
Medium Traditional Pasty	250	1048	13.1	6	24.8	1.2	1.9	7.4	1.16	637	2669	33.4	15.3	63.2	3.1	4.8	18.8	2.95
Large Traditional Pasty	254	1067	13.5	6.2	25.2	1.2	1.9	7.4	1.16	798	3351	42.4	19.5	79.2	3.8	6	23.2	3.65
Medium Steak & Tribute Ale Pasty	252	1053	12.9	6.3	27.3	2.6	1.6	5.8	0.99	635	2654	32.5	15.9	68.8	6.6	4	14.6	22.5
Large Spicy Chilli Beef Pasty	282	1177	15.5	7	23.8	1.6	2	9.5	0.97	878	3665	48.3	21.8	74.1	5	6.2	29.6	3.03
Medium Cheese & Onion Pasty	259	1086	13.9	7.7	29	1.1	1.8	5.5	0.93	734	3076	39.5	21.9	82.3	3.1	5.1	15.4	2.63
Large Cheese & Onion Pasty	310	1010	18.3	5.1	25.8	1.6	1.6	8.3	0.91	965	3145	57	15.9	80.3	5	4	25.8	2.84
Vegan Steakless Pasty	259	1080	14	6.9	26.3	1.5	2.0	6	1.14	653	2722	35.3	17.4	66.3	3.8	5	15.1	2.87
Large Steak & Tribute Ale Pasty	270	1129	14.8	7.1	29.0	2.0	1.5	6.0	0.95	841	3516	46.1	22.1	90.3	6.2	4.7	18.6	2.95
Extra Large Traditional Cornish Pasty	241	1007	12.9	6.5	26.3	1.3	1.7	5.8	0.92	1085	4532	58.05	29.3	118.4	5.9	7.7	26.1	4.14
Chicken, Bacon & Leek Pasty	276	1159	13.5	7.2	26	1.0	1.7	7.4	0.87	781	3280	38.2	20.4	73.6	2.8	4.8	20.9	2.46
Lamb & Mint Pasty	245	1026	13.3	7.0	26.9	1.5	1.7	5.4	0.94	702	2941	38.2	20.1	77.1	4.4	4.4	15.5	2.69
Extra Large Cheese & Onion Pasty	250	1049	13.4	7.9	27.9	1.1	1.8	5.5	0.93	1127	4719	60.3	33.6	125.5	5.1	8.0	24.7	4.20
Three Cheese & Cranberry Pasty	317	1323	18	9.1	29.5	4.8	0	8.2	1.09	807	3370	45.8	23.2	75.1	12.2	0	20.9	2.78



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Product Title	Contents Key:																		
	Wheat	Rye	Barley	Oats	Soya	Nuts	Sesame	Milk	Egg	Fish	Crustaceans	Celery	Sulphites	Mustard	Molluscs	Lupin	Vegan	Vegetarian	Gluten Free
Bacon Roll	✓	M	M	M	M		M		M										
Cumberland Sausage & Bacon Roll	✓	M	M	M	✓		M		M				✓						
Cumberland Sausage Ring Roll	✓	M	M	M	✓		M		M				✓						
Cheese Burger	✓	M	M	M	✓		M	✓	M										
Beef Burger	✓	M	M	M	✓		M		M										
Southern Fried Chicken Burger	✓	M	M	M	M		M		M			✓							
All Day Breakfast Wrap	✓				M		M	✓	✓			✓	✓						
Hash Browns	M																Y	Y	
Potato Wedges	✓																Y	Y	
White Crusty Bread Roll	✓	M	M	M	M		M		M										
Cumberland Sausage Ring	✓				✓								✓						
Bacon Rashers																			
Free Range Egg Omelette								✓	✓										Y
Chicken Goujons	✓				✓							✓							
Chicken Goujons & Potato Wedges Box	✓				✓							✓							
Baked Beans in Tomato Sauce																			Y
Seasoned Mash								✓											Y
Garden Peas																	Y	Y	
Gravy																	Y	Y	
Ultimate Breakfast Roll	✓	M	M	M	✓		M	✓	✓				✓						
Omelette Roll	✓	M	M	M	M			✓	✓										Y
Breakfast Box	✓				✓			✓	✓				✓						
Chicken Goujons Roll	✓	M	M	M	✓		M		M			✓							
Pigs In Blankets	✓												✓						
Pigs Under Blankets Wrap	✓							✓					✓						



# NUTRITIONAL INFORMATION

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Product Title	Per 100g									Per Serving								
	Energy (Kcal)	Energy (kJ)	Fat (g)	Saturates (g)	Available Carbohydrates (g)	Sugars (g)	Fibres (g)	Protein (g)	Salt (g)	Energy (Kcal)	Energy (kJ)	Fat (g)	Saturates (g)	Available Carbohydrates (g)	Sugars (g)	Fibres (g)	Protein (g)	Salt (g)
Bacon Roll	211	889	5.6	2.1	29.2	2.3	2.2	12.7	1.75	310	1307	8.2	3.0	42.9	3.4	3.3	18.7	2.57
Cumberland Sausage & Bacon Roll	235	984	11.8	4.8	21.7	2.1	1.6	11.7	1.73	616	2579	31.0	12.7	56.8	5.6	4.3	30.8	4.53
Cumberland Sausage Ring Roll	258	1082	11.7	4.9	28	2.6	2.0	9.8	1.35	522	2186	23.7	9.9	56.5	5.3	4.0	19.7	2.73
Cheese Burger	245	1023	15.4	7.5	9.6	2.3	1.3	16.6	1.67	640	2669	40.1	19.6	25	6.0	3.4	43.2	4.37
Beef Burger	241	1007	11.7	5.55	14.79	2.86	1.74	18.15	1.73	291	1219	14.17	6.71	17.89	4.47	2.1	21.97	2.09
Southern Fried Chicken Burger	203	855	7.8	3.1	17.1	0.5	0.4	16.0	0.89	368	1547	14.2	5.6	30.9	0.8	0.7	28.9	1.62
All Day Breakfast Wrap	233	981	9.8	2.9	26.6	3.2	1.6	9.3	1.3	521	2187	21.8	6.6	59.3	7.2	3.5	20.7	0.5
Hash Browns	191	805	7.6	0.8	31.4	0.5	2	1.5	0.7	152	644	6.08	0.64	25.12	0.4	1.6	1.2	0.56
Potato Wedges	150	627	6.1	0.7	20	1	2.3	2.5	0.79	468	1956	19.03	2.18	62.4	3.12	7.17	7.8	2.46
White Crusty Bread Roll	248	1051	1.1	0.3	49.0	3.6	3.4	8.8	0.89	216	914	1.0	0.3	42.6	3.1	3.0	7.7	0.77
Cumberland Sausage Ring	266	1106	19.8	8.4	12.1	1.9	0.9	10.5	1.70	306	1272	22.8	9.7	13.9	2.2	1.0	12.1	1.96
Bacon Rashers	157	655	12.1	4.6	0.5	0.5	0.5	18.4	3.00	94	393	7.3	2.8	0.3	0.3	0.3	11.0	1.80
Free Range Egg Omelette	117	487	7.9	2.3	1.9	0.9	0.1	9.5	1.00	82	341	5.5	1.6	1.3	0.6	0.1	6.7	0.70
Chicken Goujons	189	762	7.8	2.7	12.0	0.5	2.2	17.0	1.40	284	1143	11.7	4.1	18.0	0.8	3.3	25.5	2.10
Chicken Goujons & Potato Wedges Box	173	726	7.1	1.9	15.2	0.7	0.9	5.7	1.16	434	1815	17.8	4.7	38.0	1.8	2.3	14.2	2.89
Baked Beans in Tomato Sauce	89	376	0.5	0.1	14.9	6.2	3.9	4.3	1.07	71	301	0.4	<0.1	11.9	5.0	3.1	3.4	0.86
Seasoned Mash	92	387	2.1	1.5	16	1.5	1.6	1.7	0.67	230	968	5.3	3.8	40.0	3.8	4.0	4.3	1.68
Garden Peas	84	353	0.4	0.1	9.7	2.5	7.6	6.6	0.09	55	230	0.3	0.1	6.3	1.6	4.9	6.6	0.06
Gravy	352	1489	3.1	0.8	78.2	4.8	1.6	1.9	10.14	51	12	0.1	<0.1	2.7	0.2	0.1	<0.1	0.35
Ultimate Breakfast Roll	215	902	10.9	4.3	19.3	2.0	1.4	10.6	1.43	651	2725	32.8	12.8	58.2	6.1	4.1	31.9	4.33
Omelette Roll	190	800	4.1	1.1	28.1	2.4	1.9	9.1	0.94	298	1257	6.4	1.8	44.2	3.8	3.0	14.3	1.47
Breakfast Box	169	705	10.2	3.3	11.3	2.4	1.5	8.3	1.37	582	2433	35.2	11.4	39.0	8.4	5.3	28.6	4.72
Chicken Goujons Roll	211	887	8.2	1.8	25.6	1.6	2.6	8.2	1.21	499	2102	12.7	4.3	60.6	3.9	6.2	19.4	2.87
Pigs In Blankets	222	926	13.7	5.4	8.9	0.7	0.5	15.7	2.46	167	695	10.3	4.1	6.7	0.5	0.4	11.8	1.85
Pigs Under Blankets Wrap	270	1129	11.1	4.5	31.6	6.7	1.7	8.8	1.07	545	2281	22.4	9.1	63.8	13.5	3.4	17.8	2.16



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	Contents Key: ✓ (Product Contains) M (May Contain) Y (Suitable For)																			
Cheese & Bacon Turnover	✓							✓	✓											
Large Sausage Roll	✓		✓					✓	M											
Chunky Sausage Roll	✓							M	✓											
Vegan Spicy Chickpea Roll	✓							M	M								Y	Y		
Steak & Ale Pie	✓		✓					✓	✓			✓								
Chicken & Mushroom Pie	✓							✓	✓					✓						



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Product Title	Per 100g									Per Serving								
	Energy (kcal)	Energy (kJ)	Fat (g)	Saturates (g)	Available Carbohydrates (g)	Sugars (g)	Fibres (g)	Protein (g)	Salt (g)	Energy (kcal)	Energy (kJ)	Fat (g)	Saturates (g)	Available Carbohydrates (g)	Sugars (g)	Fibres (g)	Protein (g)	Salt (g)
Cheese & Bacon Turnover	351	1463	22.6	11.3	23.0	0.2	1.3	13.3	1.55	446	1858	28.7	14.4	29.2	0.3	1.7	16.9	1.97
Large Sausage Roll	334	1081	19.5	3.9	28.6	0.6	1.4	10.7	1.39	532	1722	6.2	6.2	45.6	1	2.2	17	1.22
Chunky Sausage Roll	311	1292	19.9	7.8	17.5	0.2	1.2	11.4	1.37	462	1919	29.6	11.6	26	0.3	1.8	16.9	2.04
Vegan Spicy Chickpea Roll	290	1212	15.3	6.3	30.3	2.1	3.1	6.1	0.97	371	1549	8.1	8.1	38.7	2.7	4	7.8	1.24
Steak & Ale Pie	274	1152	15.4	6.4	25.9	1.1	0.9	8.6	1.02	712	2995	40.0	16.6	67.3	2.8	2.3	22.2	2.65
Chicken & Mushroom Pie	296	1238	17.5	0.9	23.9	0.9	1.2	10	0.93	770	3218	45.5	18.2	62.1	2.3	3.1	26.0	2.42



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Product Title																				
Hazelnut Syrup (12oz/16mls)						✓														
Vanilla Syrup (12oz/16mls)																				
Caramel Syrup (12oz/16mls)																				
Hazelnut Syrup (16oz/21mls)						✓														
Vanilla Syrup (16oz/21mls)																				
Caramel Syrup (16oz/21mls)																				



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Product Title	Per 1 Litre									Per Serving								
	Energy (kcal)	Energy (kJ)	Fat (g)	Saturates (g)	Available Carbohydrates (g)	Sugars (g)	Fibres (g)	Protein (g)	Salt (g)	Energy (kcal)	Energy (kJ)	Fat (g)	Saturates (g)	Available Carbohydrates (g)	Sugars (g)	Fibres (g)	Protein (g)	Salt (g)
Hazelnut Syrup (12oz/16mls)	3280	13724	0	0	820	820	0	0	0.61	52.9	221.3	0	0	13.2	13.2	0	0	0.01
Vanilla Syrup (12oz/16mls)	3200	13389	0	0	800	800	0	0	0.69	51.6	215.9	0	0	12.9	12.9	0	0	0.01
Caramel Syrup (12oz/16mls)	286	13640	0	0	815	815	0	0	0.65	52.6	220.0	0	0	13.1	13.1	0	0	0.01
Hazelnut Syrup (16oz/21mls)	334	13724	0	0	820	820	0	0	0.61	70	292	0	0	17	17	0	0	0.01
Vanilla Syrup (16oz/21mls)	290	13389	0	0	800	800	0	0	0.69	68	285	0	0	17	17	0	0	0
Caramel Syrup (16oz/21mls)	290	13640	0	0	815	815	0	0	0.65	69	290	0	0	17	17	0	0	0